

Growing Your Personal Garden

The Seeds For Living Collection



We all share the same needs for happiness, love, health and self-fulfillment. It is sometimes difficult for us to identify what our needs are. By following Maryellen Gor's four easy steps in *Growing Your Personal Garden*, we can create a daily lifestyle that empowers us and contains the seeds we choose that help us grow. Maryellen has provided a list of words that will help you grow a personal garden that has specific meaning to you. Create your *Seeds For Living* Collection to begin the blooming!



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|---------------------|----------------------|
| Abundance | Integrity |
| Accomplishment | Intimacy |
| Achievement | Job Tranquility |
| Adventure | Joy |
| Affection | Knowledge |
| Appreciation | Personal Development |
| Beauty | Pleasing Memories |
| Belonging | Pleasure |
| Challenge | Public Service |
| Close Relationships | Recognition |
| Commitment | Reputation |
| Community | Respect |
| Competence | Security |
| Competition | Serenity |
| Confidence | Sharing |
| Contentment | Spirituality |
| Creativity | Strength |
| Curiosity | Structure |
| Effectiveness | Success |
| Excellence | Surroundings |
| Excitement | Tranquility |
| Exploring | Trust |
| Family | Truth |
| Friendship | Understanding |
| Harmony | Variety |
| Health | Well-being |

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